



ASOCIACION TURISMO Y SALUD  
COSTA DEL SOL

# RHEUMATIC CARE

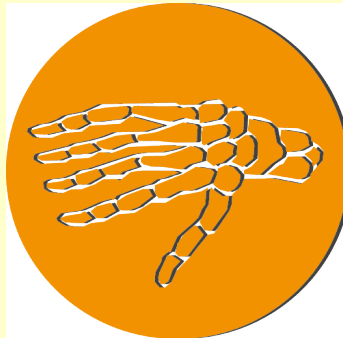


**Bad weather?**  
**COME to the Sun and treat your**  
**RHEUMATISM**  
**at the COSTA DEL SOL, SPAIN**

# RHEUMATIC CARE AT THE SUN

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From October to June – 15 /22 days – Half/Full Pension



**Including: Two daily hours from Monday to Friday:**

- 3/6/9 Sessions Healthywalking
- + 3/6/9 Sessions Technogym
- + 3/6/9 Sessions Aquagym
- + 3/6/9 Sessions Massage

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Rheumatism is a delicate medical condition that in most cases needs you to make exercise and have good Food habits. Now you can continue with this practice during your time of Vacations, with our special Programme conducted by Professionals, Physios, Doctors, Sport Monitors and designed for to help your bones, muscles, tendons and joins. Only two hours from Monday to Friday and with Special anti Rheumatic Menus during the all week to fight against this illness.

The Sun at the Costa del Sol all the year, do the rest.

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