



ASOCIACION TURISMO Y SALUD
COSTA DEL SOL

ONLY FOR YOUR EYES



DURING YOUR HOLIDAYS, ENJOY THE BEACH,
THE SUN, EXERCISE, GOOD FOOD, AND NOW...

**...TAKE CARE OF YOUR EYES
YOU ARE IN GOOD HANDS**

ONLY FOR YOUR EYES in 1-2-3 weeks

From October to June – 22 days – Half or Full Pension



Including: Two daily hours from Monday to Friday of monitored exercises that combine:

- Healthywalking, 5 Sessions/week
 - Technogym, 5 Sessions/week
 - Circuit of Spa
- + Healthy Menu Half or Full Pension

- PLUS:**
- Refractive errors
 - Myopia and Hiperopya
 - Cataracts
 - Retina vitreous treatments
 - Glaucoma

This is an Special Programme that according with the Medical prescription one can use the time for Vacation to get Visual Care treatments under Professional hands. All of them belongs to the Asociación Turismo y Salud Costa del Sol and has a long experience. Before or after, you visit the Ophthalmologist, you could follow one of the several Programs as Show Cooking, Trekking, Golfing or Vacation and Health. Even there are other Programs for your Couple (Skin Care, Dentist, Slimming, etc). Just ask to us info@turismoysaludcostadelsol.com

