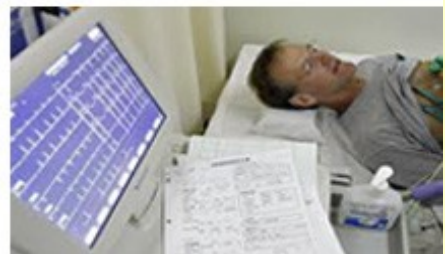




ASOCIACION TURISMO Y SALUD  
COSTA DEL SOL

# MEDICAL CHECK UP



**¿A MEDICAL CHECK UP DURING YOUR  
VACATIONS?**

**YES, IN SHORT PERIOD OF TIME AND  
THEN YOU WILL HAVE PLENTY OF TIME FOR  
SUN, HEALTHY FOOD AND BATHS AT THE  
BEACH IN THE MEDITERRANEAN SEA,  
DURING WINTER TIME**

# MEDICAL CHECK UP during your Vacations

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**From October to June – 8 days – Half Pension**



**Including:** Blood analysis – Urine - Blood Pressure -  
EKG – ENT – Ophtalmology - Ecography -  
Chest X Ray - Digital Report and Family-  
Your Medical Report by a Family Doctor

- + 5 Sessions Healthywalking
- + 5 Sessions AquaGym
- + 5 Sessions Technogym

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Nowadays getting become a Health Check is not so easy. If you don't have problems why do it?. But Doctors recommend doing this at least once a year. "Better safe than sorry". Now you can have the opportunity to combine holidays an exercise program and healthy menus with a full medical review, at a very reasonable price.

Finally a Doctor tells you about the final results and recommendations to follow when I get home. Meanwhile, soak up the sun on the beaches and mountains of the Costa del Sol.

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